

男性體檢計劃 Male Health Check Programs

| 服務項目 SERVICE ITEMS | 銀 | 金 | 鉑金 | 鑽石 |
|---|---|----------|----------|-----------|
| | Silver | Gold | Platinum | Diamond |
| 基本體格檢查 Physical Examination | | | | |
| 個人健康分析問卷 Health Questionnaire | ✓ | ✓ | ✓ | ✓ |
| 量度血壓、脈搏、身高、體重 Blood Pressure, Pulse, Body Height, Body Weight | ✓ | ✓ | ✓ | ✓ |
| 體重指標 Body Mass Index | ✓ | ✓ | ✓ | ✓ |
| 視力測試 Visual Acuity | ✓ | ✓ | ✓ | ✓ |
| 色盲測試 Color Vision | ✓ | ✓ | ✓ | ✓ |
| 肺活量 Lung Function Test (Vitalograph) | | ✓ | ✓ | ✓ |
| 心臟檢查 Cardiac Tests | | | | |
| 靜態心電圖 Electrocardiogram, Resting | ✓ | ✓ | | |
| 運動心電圖 Treadmill Stress Test | | | ✓ | ✓ |
| 心臟超聲波 Echocardiogram | | | ✓ | ✓ |
| 醫學影像檢查 Imaging Tests | | | | |
| 肺部X光 Chest X-Ray | ✓ | ✓ | ✓ | |
| 全身磁力共振掃描 (包括全脊椎) Whole body MRI with whole spine | | | | ✓ |
| 全腹超聲波 Whole Abdomen Ultrasound | | ✓ | ✓ | |
| 醫學化驗 Laboratory Test | | | | |
| 血液學檢測 | 全血細胞計數 Complete Blood Count | ✓ | ✓ | ✓ |
| Haematological Screening | 血沉降率 Erythrocyte Sedimentation Rate | ✓ | ✓ | ✓ |
| 糖尿病檢測 | 血葡萄糖, 空腹 Glucose, Fasting | ✓ | ✓ | ✓ |
| Diabetes Screening | 糖化血色素 Haemoglobin A1C (HbA1c) | ✓ | ✓ | ✓ |
| 心血管疾病風險 Cardiovascular Risk Profile | 總膽固醇 Total Cholesterol | ✓ | ✓ | ✓ |
| | 三酸甘油酯 Triglycerides | ✓ | ✓ | ✓ |
| | 高密度膽固醇 HDL Cholesterol | ✓ | ✓ | ✓ |
| | 低密度膽固醇 LDL Cholesterol | ✓ | ✓ | ✓ |
| | 總膽固醇/高密度膽固醇比率 Cholesterol Total / HDL Ratio | ✓ | ✓ | ✓ |
| | C反應蛋白 C-reactive protein | | ✓ | |
| | 高敏感性C反應蛋白 High-sensitivity C-reactive Protein | | | ✓ |
| 脂蛋白 Lipoprotein | | | ✓ | |
| 痛風症檢測 Gout Screening | 尿酸 Uric Acid | ✓ | ✓ | ✓ |
| 甲狀腺功能 Thyroid Function | 促甲狀腺激素 Thyroid Stimulating Hormone (TSH) | ✓ | ✓ | ✓ |
| | 甲狀腺素 Thyroxine (T4) | | ✓ | ✓ |
| 腎功能 Kidney Function | 估計腎小球濾過率 estimated glomerular filtration rate (eGFR) | | ✓ | ✓ |
| | 肌酸酐 Creatinine | ✓ | ✓ | ✓ |
| | 尿素 Urea | ✓ | ✓ | ✓ |
| | 鈉、鉀、氯化物、二氧化碳 Sodium, Potassium, Chloride, Carbon Dioxide | | ✓ | ✓ |
| 骨骼代謝 Bone Metabolism | 鈣 Calcium, Adjusted | | ✓ | ✓ |
| | 磷 Phosphorus | | ✓ | ✓ |
| 肝功能 Liver Function | 谷丙轉氨酶 SGPT (ALT) | ✓ | ✓ | ✓ |
| | 谷草轉氨酶 SGOT (AST) | ✓ | ✓ | ✓ |
| | 總膽紅素 Total Bilirubin | | ✓ | ✓ |
| | 鹼性磷酸酶 Alkaline Phosphatase | | ✓ | ✓ |
| | 丙種谷氨轉移酶 Gamma-Glutamyl Transferase | | ✓ | ✓ |
| | 總蛋白質 Total Protein | | ✓ | ✓ |
| | 白蛋白、球蛋白 Albumin and Globulin | | ✓ | ✓ |
| 肝炎 Hepatitis | 甲型肝炎抗體 Hepatitis A Virus Antibody, IgG (Anti-HAV, IgG) | | ✓ | ✓ |
| | 乙型肝炎表面抗原 Hepatitis B surface Antigen (HBsAg) | | ✓ | ✓ |
| | 乙型肝炎表面抗體 Hepatitis B surface Antibody (Anti-HBs) | | ✓ | ✓ |
| 癌症指標 Cancer Markers | 癌胚抗原 (大腸) Carcinoembryonic Antigen, CEA (Colon) | | ✓ | ✓ |
| | 甲種胎蛋白 (肝) Alpha-feto Protein, AFP (Liver) | | ✓ | ✓ |
| | 前列腺抗原 (45歲以上) Prostatic Specific Antigen (Prostate) (>45YO) | ✓ | ✓ | ✓ |
| 尿液分析 Urinalysis | 尿液常規檢查 Urine Routine | ✓ | ✓ | ✓ |
| 大便檢查 Stool Analysis | 大便常規 Stool Routine (Ova & Cyst) | ✓ | ✓ | ✓ |
| | 大便潛血 Stool Occult Blood | ✓ | ✓ | ✓ |
| 體檢報告 Reporting | | | | |
| 詳細體檢報告 Medical report | | ✓ | ✓ | ✓ |
| 醫生跟進、諮詢及報告分析 Doctor follow-up consultation | | | ✓ | ✓ |
| 註冊營養師生活方式諮詢 Dietitian lifestyle counselling | | | ✓ | ✓ |
| | | \$ 3,000 | \$ 7,000 | \$ 13,000 |
| | | | | \$ 26,000 |

*建議吸煙者另加選項：低放射劑量胸腔電腦掃描 (\$1,500) Additional Low Dose Thorax CT Scan (\$1,500) is recommended for SMOKERS