

# 長新冠健康評估計劃

## Virtus Post-COVID Health Assessment Programme



跨專科醫療團隊跟進個案  
Multidiscipline medical team for case follow-up



準確分流患者，省卻不必要檢查  
Accurate triage to eliminate unnecessary assessment



個人化復康治療  
Personalized rehabilitation plan



一站式線上線下服務，照顧不同人士  
One-stop online and offline service to fit all patients

### 誰適合參加長新冠健康評估計劃？ Who should join the programme?

-  疲勞  
Fatigue
-  失眠  
Insomnia
-  焦慮/抑鬱  
Anxiety/Depression

-  呼吸困難/氣喘  
Breathing difficulty/  
Shortness of breath
-  心悸  
Palpitations
-  咳嗽  
Cough

-  胸悶/胸痛  
Chest pain/  
Tightness
-  關節疼痛  
Joint pain
-  失去味覺/嗅覺  
Loss of smell/taste

-  腦霧  
Brain fog
-  耳鳴  
Tinnitus
-  出疹  
Rashes

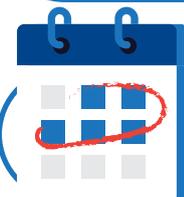
### 長新冠健康評估流程

#### Post-COVID Health Assessment Process



致電或於網上進行預約  
Make an appointment by phone or online

到診所進抽血及進行基本健康檢查  
Take blood samples and perform physical examinations at the



3-5天後到診所面見醫生及領取化驗報告  
Doctor consultation and report analysis after 3-5 days

醫生會根據化驗報告及臨床檢查，為你提供進一步的治療或復康方案  
Doctor will determine your health and rehabilitation needs and provide recommendations on your treatment plan



# 長新冠健康評估計劃 Virtus Post-COVID Health Assessment Programme

## 1 心臟健康評估 Cardiovascular Assessment

- 靜態心電圖 Resting ECG

## 3 發炎指數評估 Inflammatory Index Assessment

- C反應蛋白 CRP
- 紅血球沉降率 ESR
- 抗細胞核抗體 ANA

## 5 腎功能評估 Renal Function Assessment

- 肌酸酐 Creatinine
- 尿素 Urea
- 鈉 Sodium
- 鉀 Potassium
- 白蛋白 Albumin

## 7 甲狀腺功能評估 Thyroid Function Assessment

- 促甲狀腺激素 Thyroid-Stimulating Hormone, TSH

## 9 血液檢查 Blood Test

- 血常規 Complete Blood Count, CBC

## 11 醫生面診及講解報告 Doctor Consultation and report explanation

- 綜合症狀評 Comprehensive symptoms assessment
- 報告講解 Report explanation

## 2 肺部健康評估 Pulmonary Assessment

- 胸部X光 Chest X Ray

## 4 肝功能評估 Liver Function Assessment

- 鹼性磷酸酶 Alkaline Phosphatase, ALP
- 總膽紅素 Total Bilirubin
- 谷草轉氨酶 SGOT/AST
- 谷丙轉氨酶 SGPT/ALT
- 丙麩氨轉肽酶 Gamma GT

## 6 糖尿病篩查 Diabetes Screening

- 空腹血糖 Fasting Blood Glucose\*

## 8 新冠病毒抗體測試 COVID 19 Antibody Test

## 10 身體檢查 Physical Examination

- 體重指標 Body Mass Index (BMI)
- 血壓 Blood Pressure
- 血氧飽和度 SaO2
- 脈搏 Pulse

**HK\$1,980**

\* 抽血前須空腹6小時 Fast for 6 hours before blood taking

如有需要，醫生或會建議作進一步檢查，額外收費項目包括  
Physicians will arrange further testing for patients according to their clinical needs.  
Further test items are listed but not limited as follows:

## 1 骨骼健康評估 Bone Health Assessment

- 維生素D Vitamin D \$350
- 雙能量X光骨質密度檢查 Bone DXA \$850

## 3 腸道健康評估 Gut Health Assessment

- M3腸道微生態測試 M3 Gut Microbiome Test \$3,500

## 5 脂肪肝檢查 Fatty Liver Assessment

- 肝纖維化掃描 Fibroscan® \$1,200

## 2 肺功能測試及健康評估 Lung Function and Health Assessment

- 肺量計 Spirometry \$500
- 低劑量胸腔電腦斷層掃描 Low-dose CT Thorax \$2,200
- 心肺功能測試 (由物理治療師進行) \$600  
Cardiopulmonary Function Assessment  
(Performed by physiotherapists)

## 4 心臟健康評估 Cardiac Health Assessment

- 冠狀動脈造影 CT Coronary Angiogram \$6,400

## 6 耳鳴檢查 Tinnitus Check

- 聽力測試 (由聽力學家進行) \$450  
Hearing Test (Performed by audiologists)

### 服務條款及細則 Terms & Conditions:

- 此計劃只適用於新冠復患者。  
This programme is only applicable to patients recovering from COVID-19.
- 使用服務前必須預約  
Advanced booking is required for this service.
- 此計畫不包括藥物及其他治療費用。  
Medication and other treatment/investigation costs are not included in this programme.
- 服務地點 Service location :
  - 尚至醫療大樓 - 香港中環皇后大道中122號尚至醫療大樓17樓 Virtus Medical Tower - 17/F, Virtus Medical Tower, 122 Queen's Road Central, Hong Kong
  - 尚至醫療中心 - 九龍尖沙咀中間道15號H Centre 11樓 Virtus Medical Centre - 11/F, H Centre, 15 Middle Road, Tsim Sha Tsui, Kowloon
- 此服務不可退且不可轉讓。  
This offer is non-refundable and non-transferable.
- 尚至醫療保留更改以上服務的條款及細則而毋須另行通知。如有任何爭議，尚至醫療將保留最終決定權。  
Virtus Medical reserves the right to amend any of the above terms and conditions without prior notice. In case of any dispute, Virtus Medical will reserve the right to the final decision.