



REHABILITATION SERVICES

康復服務

ORTHOPAEDIC REHABILITATION

骨科康復

Orthopaedic rehabilitation is a form of therapy that treats a wide variety of conditions affecting the musculoskeletal system – bones, muscles, cartilage, tendons, ligaments and joints. Injuries and disorders of the musculoskeletal system cause pain and loss of function, thereby leading to disability. Orthopaedic rehabilitation helps restore function in individuals with disability. At Virtus, we treat a wide range of patients, from sedentary office workers suffering from neck and back soreness to elite athletes with acute or chronic sports injuries and everything in between.

NEUROLOGICAL REHABILITATION

腦神經系統康復

Learning to live with a brain disorder can be an overwhelming challenge for both the patients and their families. Our multidisciplinary care team is committed to helping patients overcome any physical and mental impairments resulting from various neurological conditions. We provide personalized rehabilitation programs with the objective to improve patients' return to work, independence in daily activities, community integration and quality of life.

CARDIAC REHABILITATION

心臟康復

Cardiac rehabilitation is a medically-supervised program that helps improve cardiovascular health of those with cardiac conditions and other non-communicable diseases. At Virtus, we tailor the program to your specific needs. Our goal is to help you exercise safely and maintain a heart-healthy lifestyle.

PULMONARY REHABILITATION

胸肺康復

Pulmonary rehabilitation is a part of health maintenance of people with chronic respiratory diseases. It is also beneficial for people who need lung surgery. At Virtus, we tailor the program to your specific needs. Our goal is to improve your quality of life by relieving you from breathing problems.

METABOLIC REHABILITATION

代謝康復

Metabolic rehabilitation is a form of therapy that helps patient get in control of all the factors that are impeding his/her metabolism. It is an integrative approach to recovering health for patients who suffer from endocrine disorders such as diabetes, metabolic syndrome and obesity. At Virtus, we tailor the program to your specific needs. Our goal is to help you regain physical health and improve your quality of life.

DOMICILIARY PHYSIOTHERAPY SERVICE

家居康復

Our team of physiotherapists can help patients manage their conditions in the comfort of their own home, providing assessments and treatments with handy therapeutic modalities. In addition to working with patients, our team works with carers, providing education on care skills and home environment assessment.

PERIOPERATIVE REHABILITATION

術前術後康復

Enhanced recovery after surgery (ERAS) protocols are perioperative care pathways designed to achieve early recovery after surgical procedures. Physiotherapy plays an important role in the ERAS protocol's preoperative and postoperative routines. Preoperative physiotherapy preps the body for the forthcoming physiological stress and postoperative physiotherapy helps achieve functional recovery. Good evidence shows early mobilization, a key element of ERAS, facilitates recovery, however, barriers (e.g. pain, physiological instability) are common in most situations, therefore it is always advisable to engage a multidisciplinary team to ensure patient safety.

TREATMENT MODALITY RENTAL

治療儀器外借服務

We have a range of treatment modalities suitable for home use available for rent, to assist patients in their recovery and to speed up their rehabilitation process. Modalities include but are not limited to walking aids, magnetic therapy and low-intensity pulsed ultrasound (LIPUS). We also provide technical support to ensure our clients are well-guided in using the equipment.

